Lenten Labyrinth:
Walking Meditation Instruction
Thursday, March 20th :: 1:00 p.m. (Opening Ceremony)
Friday, March 21st :: 12:00 p.m.
Monday, March 24th :: 3:00 p.m.
Tuesday, March 25th :: 12:30 p.m.
Wednesday, April 2nd :: 12:30 p.m.
Thursday, April 3rd :: 4:30 p.m.
Library Lawn (Fenway side)
A temporary labyrinth, a single non-branching path which leads to the center and back out, will be constructed on the lawn behind the library along The Fenway and available for anyone to use as a walking meditation opportunity anytime through Thursday, April 17th.

Get in Good with God:
Weekly Lenten Reflection
Mondays: March 24th, March 31st, April 7th, & April 14th :: 6:30 p.m. - 7:30 p.m.
Administration Building, Room 337

Perhaps you are trying to be more intentional this Lent but need others to help you out. Or, maybe you simply need some quiet space and time for yourself, to rest your brain from all your work. Even still, maybe you are looking to dig a little deeper to get in good with God, but don’t know where to start. All these possibilities and more are wonderful reasons to commit yourself this Lent by coming to “Get in Good with God.” This small faith sharing group will engage in silence, practice different forms of prayer, and practice living in the present moment. All are welcome!

For more information and to sign up please email James Barry at: barryj@emmanuel.edu

Soup and Spirit Lunch
Thursday, April 10th :: 12:30pm
Jean Yawkey Center for Community Leadership

Offered during OUT & Proud Week, this soup lunch and conversation between students, faculty, and staff will focus on members of our LGBTQ community sharing how they practice spirituality in their lives.

Spiritual Direction

Spiritual direction is the process of one person accompanying/companioning another person in their relationship with God (or a higher power-whatever name is given), in their prayer, and in spiritually reflecting on their life. One person, the directee, converses with another, the director, who is more spiritually experienced about the ways in which God may be touching the directee’s life, directly or indirectly. Spiritual direction is not counseling or therapy. It is a one-to-one private conversation with someone who has completed training in the ministry of spiritual direction.

Campus Ministry would like to offer any staff, faculty, or students the opportunity to experience spiritual direction from either our Campus Chaplain, Fr. John Spencer, SJ, or our Campus Minister of Retreats, Spirituality, and Prayer, Jen Roy.

If you would like more information or to sign-up for spiritual direction, please contact Jen Roy, Campus Minister at 617-264-7788 or email her at royj@emmanuel.edu

Archdiocese of Boston
Lenten Regulations 2014

Catholics over 14 years of age are bound to the obligations of abstinence. Abstinence is to be observed on Ash Wednesday and the Fridays of Lent. On days of abstinence meat may not be used at all.

Catholics over 18 and up to the beginning of their sixtieth year are bound to the obligation of fasting. On these days only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one’s needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed.

Emmanuel College
Mission & Ministry
400 The Fenway
Boston, MA 02115

Phone: 617.735.9703
E-mail: campusministry@emmanuel.edu
**Lenten Opportunities**

**Liturgy**

**ASH WEDNESDAY - MARCH 5TH**
Mass at 8:00 a.m., 11:45 a.m. and 4:30 p.m. (with choir)  
*General Absolution will be given.*  
Emmanuel College Chapel

**WEEKDAY MASS DURING LENT:**
Monday-Friday at 11:45 a.m. in the Chapel.  
*Please note there will be no Mass Monday, March 10th through Friday, March 14th due to Spring Break.*

**SUNDAY MASS**
11:00 a.m. & 8:00 p.m.  
*Due to Spring Break, Mass will not be held on Sunday, March 9th, Mass will resume at 8:00 p.m. on Sunday, March 16th.*

**ST. PATRICK’S DAY MASS**
Tuesday, March 18th at 12:30 p.m. in the Chapel.  
*Campus Ministry and the Office of Student Activities and Multicultural Programs invite you to join us for a special Mass to celebrate St. Patrick’s Day with traditional Irish music, Gaelic prayer, and Irish soda bread.*

**RECONCILIATION SERVICE**
Wednesday, April 16th at 4:30 p.m. in the Chapel  
*Individual Confession will be available.*

**SACRAMENT OF RECONCILIATION (CONFESSION)**
By appointment, please see Fr. John Spencer, S.J. in Campus Ministry, Administration Building, Room 153.

**ADORATION**
Emmanuel College Chapel  
*Colleges of the Fenway (COF) Catholics will be offering adoration in the chapel a couple of times during Lent. Adoration is a silent meditation or prayer in the real presence of Jesus. Please email catholicsofo@gmail.com to inquire about the dates and times for Lenten adoration.*

**Triduum**

Due to the absence of most students, faculty and staff from campus during the Easter break, we encourage all to attend the Holy Week Services of Holy Thursday, Good Friday, and the Easter Vigil at their home parishes or at Saint Cecelia Parish, Belvidere Street, Boston (just behind Berklee School of Music on Massachusetts Avenue). Father John Spencer welcomes anyone from the Emmanuel College community to join him for the services at Saint Cecelia Parish during Holy Week. If you would like to attend services with Father Spencer please email Laurel Clanton Bolden at clantla@emmanuel.edu.

**Charity Drive**

During the Lenten season Mission & Ministry is sponsoring a charity drive benefitting Nazareth Residence & the Franciscan Food Center.

Nazareth Residence is a Catholic Charities organization located in Roxbury, MA that provides an opportunity for families to begin rebuilding their lives. Families served are homeless mothers and their children. Families are able to maintain their independence while they transition to permanent housing. The community-like atmosphere, supportive services, and 24-hour staffing create a safe and secure environment for life and living. Please donate new and gently used general house hold items such as pots and pans, towels, bedding, utensils, cleaning supplies, etc... Donation items will be given to families as they transition into new permanent housing.

The Franciscan Food Center at St. Anthony Shrine was founded in 2008 in partnership with the Major’s Office and the Greater Boston Food Bank. The mission of the Food Center is to feed people who are hungry by providing high-quality, nutritious food in a client choice setting and create a community in an environment of dignity, compassion and respect. Please donate baby diapers of all sizes that will be distributed to members during the Food Center’s Easter food distribution.

Donation boxes will be located at the back of the Chapel throughout Lent.

**Service**

**SUNDAY SERVICE GROUP**
Sunday, March 23rd :: 12:30 p.m. - 4:30 p.m.  
Sunday’s Bread  
Volunteers will assist with food preparation and service.

Sunday, March 30th :: 9:00 a.m. - 1:00 p.m.  
Pine Street Inn  
Volunteers will assist with food preparation and service.

Sunday, April 6th :: 11:00 a.m. - 2:00 p.m.  
St. Mary of the Angels  
Volunteers will assist with various parish projects.

Sunday, April 13th :: 8:30 a.m. - 2:00 p.m.  
BARCC Walk for Change  
Volunteers will walk for the Boston Area Rape Crisis Center’s 40th Annual Walk for Change!

Sunday, April 13th :: 12:30 p.m. - 4:30 p.m.  
Sunday’s Bread  
Volunteers will assist with food preparation and service.

**SATURDAY SERVICE GROUP**
Saturday, March 29th :: 10:00 a.m. - 2:00 p.m.  
Nazareth Residence  
Volunteers will assist with various projects.

Saturday, April 12th :: 8:30 a.m. - 1:30 p.m.  
Franciscan Food Center  
Volunteers will assist with food distribution.

**ALTERNATIVE SPRING BREAK SERVICE TRIPS**
Saturday, March 8th – Saturday, March 15th  
New Orleans, Louisiana  
Phoenix, Arizona  
Boston, Massachusetts

**ALTERNATIVE SPRING BREAK PRESENTATION**
Sunday, March 30th  
Immediately following the 11:00 a.m. Mass  
Janet M. Daley Library Lecture Hall

**NATIONAL VOLUNTEER WEEK**
Sunday, April 6th – Sunday, April 13th  
Watch the Portal for a full schedule of events and programs!