Counseling Services
Client Agreement

I hereby agree to counseling with Emmanuel College Counseling Services. Counseling services are available to all Emmanuel College students free of charge.

The Counseling Process

Counseling is a process designed to help you address your concerns, come to a greater understanding of yourself, and learn effective personal and interpersonal coping strategies. It involves a relationship between you and a trained counselor who has the desire and willingness to help you accomplish your individual goals.

Counseling involves sharing sensitive, personal, and private information that may at times be distressing. During the course of counseling, there may be periods of increased anxiety or confusion. Your counselor is available to support you throughout the counseling process. The outcome of counseling is generally positive, however, the level of satisfaction for any individual is not predictable.

Your counselor may recommend a consultation with the Center’s psychiatric consultant for either a medication evaluation or for treatment planning. You and your counselor will decide together the appropriateness of the psychiatric consultation. There is no fee involved for this service.

Consent

I understand that I am consenting and agreeing only to those mental health services that my counselor is qualified to provide within the scope of:
(a) the provider’s license, certification, and training; or
(b) the license, certification, and training of those mental health providers directly supervising the services received by the client.

I understand that Emmanuel College Counseling Services provides time limited, short-term counseling by a professional counselor. I may be referred off-campus if I require more intensive or long-term therapy, or if I require resources or competencies beyond what Counseling Services can provide. I understand that I may discontinue participation in counseling at any time.

Social Media Disclaimer

The Counseling Center understands that in today’s world of social media it is common for students to want to connect with faculty and staff as well as friends and family. While we appreciate students’ desire to foster meaningful connections through sites such as Facebook, Twitter and LinkedIn we in the Counseling Department are unable to connect with students through social media. Please understand that our decision to refrain from participating in social media is based solely on the wellbeing of the student and our ability to conduct therapy in a meaningful and beneficial way. We appreciate your understanding in this matter.

Student’s Responsibilities:

I understand that I am expected to contact the Office if a situation occurs that will delay me or require me to reschedule an appointment. The Counseling Center reserves the right to recommend an outside referral if there is a pattern of consistent no-shows and/or cancellations. I understand that if I do miss an appointment, it is my responsibility to contact the Office to confirm my next appointment.

I understand that I have the right to report any complaint or concern about Counseling Services to Dr. Patricia Rissmeyer, Vice President of Student Affairs.

I have read, understood, and agree to the terms of this document:

Signature of client  Signature of counselor

Printed client name  Printed counselor name

Date